



Family Concerns Meeting Agenda

A family meeting is an opportunity to accomplish something specific without any distractions from the outside world, hence a structure approach as simple as a general family meeting agenda can help. Download one [here](#) to get started.

For families with older children, communications can be a bit more complex. One of the most important reasons to communicate regularly & effectively with them is so that you can be in tune with their emotional and mental health which contributes to a lot of their decision making & actions. Here is a simple non-intrusive but yet engaging agenda to use in tandem with a normal agenda mentioned above. This is to give your children your guiding presence, provide an adult voice & keeping that constant connection. Remember in Being Lean, we do not want surprises, we'd rather get apprised of current situation to achieve consistent flow.

It's important to review the last agenda to reassure those issues are being addressed. This will also allow for the kids to see that you are hearing the concerns. If there are on-going, repetitive issues that are not being solved, this will let you know that further brainstorming, consulting needs to be done.



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Obstacles encountered this week:

Concerns within AND outside the household:

Ideas to address concerns!

Goals for the week:

DATE: _____

